



Mental Health Partnership Board

Minutes

Wednesday 14 November 2012

Those in attendance:	
Stephen Archibald	Carers Bucks
Jacci Fowler	Back2Base
Rob Michael-Phillips	Buckinghamshire Mind
Pat Milner	Adult & Mental Health Resource & Commissioning
Alastair Penman	Oxford Health Foundation Trust



No	Item
1	<p>Welcome by the Chairman</p> <p>Pat Milner welcomed members to the meeting and the group introduced themselves.</p>
2	<p>Apologies for Absence/Changes in Membership</p> <p>Apologies were received from Abdul Sattar, Muryum Choudhry, Sue Green, Kim Maskell, Mary Buckman, Kurt Moxley and Jackie Thomas. Pat Milner took the Chair in the absence of Kurt Moxley.</p>
3	<p>Priorities and Actions for the Mental Health Partnership Board</p> <p>Pat Milner informed members that Kurt Moxley had put together the Priorities and Action Plan from the last meeting of the Partnership Board. Pat asked for volunteers to lead each of the objectives.</p> <p>The following was noted:</p>

Objective 1.

That People in receipt of benefits are supported and assisted where needed through the changes that are taking place within the Benefit System

Jacci Fowler agreed to take the lead on this objective.

Concern was expressed that people were not aware of the impact of the changes to the Benefit System. It was agreed that four meetings would be held across the County to provide support and assistance where needed. Stephen Archibald and Rob Michael-Phillips will consider venues. It was suggested that the Oasis Centre could be used. Wycombe Mind was also to be approached. Rob Michael-Phillips will also talk to Milton Keynes. Adrian Timon will attend the meetings and Rob agreed also to send staff. Pat Milner suggested that Adrian could also attend the Hightown Group in Burnham.

Jacci said Adrian could give an overview on the action relating to evaluation activities taking place to enable benefit recipients to receive/understand the impact of changes. Stephen Archibald suggested contact with CAB to provide advice to carers and Pat Milner agreed to contact Kay Cowie in the Welfare Benefits Team to ask for their support. Jacci Fowler said they did attend training on Benefits and agreed to provide information giving an overview.

Action: Jacci Fowler

With regard to Action 6 it was noted that there would be a financial impact on the Council if Benefits went down. Rob Michael-Phillips suggested the need to monitor issues and their impact.

It was suggested that targets should be set for Actions 7 and 8 which could be revisited at each meeting. Jacci said with all the changes, they may need to include the Welfare Benefits Team.

Objective 2

That People accessing mental health services are given information about what they can expect to receive, including information about clinical pathways, what types of treatment are on offer and who will be involved in their care and treatment.

Kurt Moxley or Alastair Penman to lead.

Rob Michael-Phillips informed the Group that the Trust was developing 'Blue Folders' providing information on clinical pathways. Alastair Penman said when referrals are made, each person will receive a Blue

Folder for Adults and Young People, and Carers and they will be made available through Carers Bucks. Stephen Archibald suggested the information could also be put in newsletters.

Rob said that the whole objective fitted in with the objectives of the Chief Executive of Oxford Health. In understanding what services there are, the gaps and how this was communicated to people. Rob said Stuart Bell, the Chief Executive of Oxford Health NHS FT was keen to attend the Partnership Board meetings to gain an understanding on how the Trust can communicate with clients and what the services could cover.

Action: Agreed to invite Stuart Bell to a future meeting – MTK to arrange

Pat Milner suggested that the Partnership Board could start to look at what Stuart Bell's ideas regarding the information pack. Rob also referred to The Mind Guide which is a printed and on line directory of mental health services in Oxfordshire. Pat said they could look at whether there could be a similar project in Buckinghamshire. Bucks Connect may be the route for developing this.

Objective 3

That Buckinghamshire becomes part of a 'mental health friendly society' so that stigma and discrimination is reduced.

Rob Michael-Phillips agreed to Lead, because it fitted in with what they were doing in Buckinghamshire Mind.

Members discussed focussing on World Mental Health Day which is Thursday 10 October 2013. The Partnership Board could plan for this i.e. having displays in the town centre, sales of items etc. Stephen Archibald said it would be good to promote this objective around a special day and he would be happy to work with Rob Michael-Phillips in this connection.

With regard to a tiered approach to disability awareness training, Alastair Penman said he has worked with colleges and universities dealing with emotional health and considered that training was needed in respect of people presenting at A&E, as well as GPs. In some cases there may be a nurse who has experience of mental health issues and therefore it was important to have A&E liaison services.

Jacci Fowler suggested this objective could tie in with health and wellbeing and they could start this initiative by holding events in County Hall. It was also suggested that local employers could be engaged and Alastair Penman said he had held workshops in companies where it

	<p>people with issues were often identified. Jacci also had experience in working with small to medium employers. Steve Archibald suggested that sessions could be in relation to supporting staff with regard to mental health and the measures that could be taken to achieve that. Jacci agreed to help in relation to BCC sessions.</p> <p>The following targets were agreed in relation to the objectives.</p> <p>Objective 1. Dates of four to five meetings to be agreed by January and to be held by the end of March 2013. Action: Rob Michael-Phillips and Stephen Archibald</p> <p>Objective 2 Stuart Bell to be invited to the January or March meeting Action: Maureen Keyworth</p> <p>Objective 3 Report on progress to be presented at the January meeting Action: Rob Michael-Phillips/agenda item</p> <p>Discussion at the July meeting on events to be arranged for World Mental Health Day Action: All/agenda item</p>
<p>4</p>	<p>Draft Minutes of the last Executive Partnership</p> <p>The draft minutes of the Executive Partnership Board held on 17 September 2012 were attached to the agenda for information.</p>
<p>5</p>	<p>Engagement with Service Users</p> <p>Pat Milner said they had discussed at the last meeting how to engage service users through focus groups. Having the benefits sessions would be a good start. Stephen Archibald said that SUCO had identified service users who may be interested once the Partnership Board had developed more and could show what achievements it had made. Jacci Fowler suggested that it may be more people could be involved through the proposals for World Mental Health Day, which would be discussed at the July meeting, but Stephen referred to the need for an induction pack and training. He said service users and carers were active on other Boards.</p> <p>Members discussed involving service users and carers on the MHPB through the use of focus groups, involving them in specific issues which</p>

	<p>have a start and finish time. They could aim at service users being engaged in planning towards Mental Health Day.</p>
<p>6</p>	<p>Membership of the Mental Health Partnership Board</p> <p>Membership of the Mental Health Partnership Board.</p> <p>In discussion regarding membership, the following was noted:</p> <ul style="list-style-type: none"> • Paul Rogerson had asked to be included as a member. He is the BCC representative on the Board of Governors of Oxford Health NHS Foundation Trust. It was agreed that he be put on the mailing list. • IAPT could be asked if they wished to put forward a representative • Further discussion to take place on whether to approach the CCG regarding representation on the Partnership Board. <p>General discussion took place relating to the suggestion that some GPs would appreciate advice from professionals on treating people with mental health in primary care rather than move them on. However, those GPs with a special interest were happy to provide treatment. It was suggested that examples of good practice at GP surgeries could be sought with a view to developing a model based on good practice. Kurt Moxley may need to liaise with the CCG regarding commissioning of services in this respect.</p>
<p>7</p>	<p>Any Other Business</p> <p>Pat Milner had circulated leaflets on the following:</p> <ul style="list-style-type: none"> • Oxford Health NHS Mental Health Training available in 2012/13 • Training courses from the MKB Care Association on Telecare, Safeguarding Adults Core Awareness, Dementia Awareness, Behaviours that Challenge Training • The Dementia Care Forum to be held on 13 December at Woodley House, Rabans Close, Aylesbury HP19 8RS • Dignity in Bucks News Update October 2012 • No Health Without Mental Health: A guide for Local Authorities and a guide for Clinical Commissioning Groups

8 Date of next meeting

The next meeting of the Mental Health Partnership Board will be held on Wednesday 16 January 2013 at 2.30pm in Mezzanine Room 1.

Dates of future meetings: (all commence at 2.30pm and will be held in Mezzanine Room 1)

20 March

22 May

17 July

18 September

20 November

Chairman